

**FOR IMMEDIATE RELEASE**

**FOR MORE INFORMATION CONTACT**

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**October events planned for Sagamore West Farmers Market**

West Lafayette, Ind. – September 18, 2008 – Activities at the Sagamore West Farmers Market, held from 3 to 6:30 p.m. Wednesdays at Cumberland Park in West Lafayette, continue through October 29 with a pre-Thanksgiving market also scheduled for Wednesday, November 26.

Activities have also been scheduled for the market. They include:

- October 1, Family nutritionist Donetta Martin-Fisher will distribute information; and the blood mobile will be taking donations.
- October 8, West Lafayette Fire Department plans to bring a fire truck for preview between 3 and 5 p.m. as part of Fire Safety Week; and massage therapist Michael Bucy will give free 5-minute massages between 3 and 5 p.m.
- October 15, Culinary expert Amy French will give a grilling demonstration using items available at the market and distribute taste samples and free recipes; and representatives from Lafayette Tree Fund will answer questions about tree selection and care..
- October 22, Nick Schenkel, director of West Lafayette Public Library, will read children's stories.
- The November 26 market will feature Thanksgiving fare.

Each week market vendors sell seasonal produce and fruits as well as applesauce, kettle corn, frozen meats, cage-free chicken eggs, baked goods, canned goods, cheeses and peanut brittle. Vendors also sell home and garden artwork, silk floral arrangements, jewelry, handmade greeting cards, and knitted and crocheted items. Vendors come from Carroll, Clinton, Fountain, Montgomery, Tippecanoe, Wabash and White counties.

This year's "Green and Lean" market is supported by a \$38,000 grant from the U.S. Department of Agriculture.

Sagamore West Farmers Market is sponsored by West Lafayette Parks and Recreation and the Sagamore West Area Business Alliance.

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